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| Letter  (grapheme) | The sound it makes (phoneme) | The action we make | The handwriting mnemonic |
| s | as in “**s**ad” (a very short sound  not ‘suh’) | Makaton sign language for sad – a straight right  hand making a downward movement down your face,  between your eyes | slide down s |
| a | as in “**a**pple” | open mouth to bite an apple | round the roundabout and down the slide |
| t | as in “**t**ap (a very short sound not ‘tuh’) | turning a tap on | top to toe and then arms like a scarecrow |
| p | as in “**p**at” (a very short sound not  ‘puh’) | patting the top of your head | down the path, back up and round the pond |
| i | as in “**i**tch” | itching your arms with your fingers | straight body, dot for the head |
| n | as in “**n**ose” (a very short sound  not ‘nuh’) | touching the tip of your nose with your index  finger | bend down, then jump like a frog |
| m | as in “**m**ug” (a very short sound  not ‘muh’) | rubbing your tummy as if something is tasty | bend down, jump, and jump again |
| d | as in “**d**og” | two hands using sticks to beat a drum | round the roundabout, climb up the climbing  frame, and jump to the ground |
| g | as in “**g**ate” | bend arm at right elbow with forearm straight  to mimic opening a gate | round the roundabout, then swing on the rope |
| o | as in “**o**range” | open hand (like clutching a ball) palm outwards  as if squeezing an orange | run around the pond |
| c | as in “**c**at” (a very short sound not ‘cuh’) | using index and middle finger to ‘cut’ like a pair  of scissors | Run halfway round the pond |
| k | as in “**k**ick” (a very short sound  not ‘kuh’) | using index and middle finger to mimic kicking  a football | run down the pitch, kick the ball in the air,  then into the goal |
| e | as in “**e**lephant” | right arm extended and waving like an  elephant’s trunk | swing forwards, then over the bar |
| u | as in “**u**mbrella” | putting an umbrella up | climb down under the tunnel up the steps and  down the slide |
| r | as in “**r**ed” (a very short sound not ‘ruh’) | making running motion with both arms | bend down, then stretch over the top |
| h | as in “**h**ug” (a very short sound  not ‘huh’) | using right index finger (middle finger bent) to  mimic hopping action | jump off the climbing frame, then jump like a  frog |
| b | as in “**b**all” | bouncing a ball on the ground with one hand | jump on the trampoline and do a somersault |
| f | as in “**f**ish” (a very short sound  not ‘fuh’) | two hands together weaving from side to side  like a fish | run round his hat, down his body, jump off his  toe and arms like a scarecrow |
| l | as in “**l**amp” (a very short sound not ‘luh’) | licking a lolly | slide down the pole |
| j | as in “**j**elly” | straight index and middle finger making jumping  action on other hand | down the slide, whoops left your hat |
| v | as in “**v**iolin” (a very short sound not ‘vuh’) | playing a violin | jump on the trampoline, down and up |
| w | as in “**w**ave” (a very short sound  not ‘wuh’) | waving hands goodbye | jump on the trampoline, down and up and  down up again |
| x | as in “fo**x**” | X factor sign using crossed arms | cross the treasure in the sandpit |
| y | as in “**y**awn” (a very short sound  not ‘yuh’ | yawning | climb down under the tunnel then swing on the  rope |
| z | as in “**z**ebra” (a very short sound not ‘zuh’ | pulling up a zip | jump to the side, jump to the ground, jump to  the side again |
| qu | as in “**qu**een” | putting a crown on like a queen. | Round the roundabout, down the slide and jump  off into the air |